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BULLETIN OF THE ROTARY CLUB OF WAGGA WAGGA Inc. - CHARTERED 1930

Web: - www.waggarotary.org

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Postal Address: - PO Box 246, Wagga Wagga, 2650

<p>RI President: Gordon R. McNally</p> <p>Dist. Gov 9705: Andrea Grosvenor</p> <p>Area Three Gov: Garth Perkin</p> <p>Club President: Peter Olson</p> <p>Club Secretary: Ellen Brasier</p>	<p>CREATE HOPE in the WORLD</p>	<p>THE FOUR WAY TEST: Of the things we think, say or do: -</p> <ul style="list-style-type: none"> • Is it the truth? • Is it fair to all concerned? • Will it build goodwill & better friendships? • Will it be beneficial to all concerned?
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Wagga Rotary Club acknowledges the Wiradjuri People – The traditional owners of the land upon which we meet.

BULLETIN NO: 22.

Thursday 30th November 2023.

NOVEMBER IS ROTARY FOUNDATION MONTH

Club meets at the WAGGA WAGGA RSL CLUB, 6:00 PM for 6.30 PM (unless stated otherwise below).

Duty Roster: Arrange a replacement if you can't fulfil your duty & inform the Bulletin Reporter, or pre-advise via the "Red Book"

	Thursday 7 th Dec.	Thursday 14 th Dec.	<p>Merry Christmas & Happy New Year!</p> <p>Meetings resume on Thursday 18th January 2024</p> <p>Look out for the meeting invitation in your email on Friday 12th January!</p>
PROGRAMME:	Christmas Party At Galloways'	TBA	
ATTENDANCE:		Jenny Masters Geoff Treloar	
SHORT & SWEET:		Lyndal Seymour	
FINES-MASTER:	Not required	Brad Bland	
INTRODUCE SPEAKER:		TBA	
VOTE OF THANKS:		TBA	
BULLETIN REPORTER:	Vicky Donoghue	Ellen Brasier	
MEETINGS:			

Invocation: *For good food, good fellowship, and the opportunity to serve through Rotary, we give thanks.*

RSVP For Meetings: Members are required to register their attendance (plus that of any guests) **BEFORE NOON ON THE MONDAY PRIOR TO THE MEETING** by using the link in an email that they receive each week. Failure to respond to the email by the deadline will mean no meal will be ordered for you. It is courteous to register your apology.

- RSVP for Visitors: please phone Vicky on 0407 586186 as early as possible.
- Members who have problems with registration or miss the deadline should not hesitate to contact Vicky.

MEETING REPORT: -

Attendance:



President Peter Olson opened the meeting and invited all to join him in the Rotary Invocation, plus a toast to the iconic Akubra hat, which began in Tasmania in 1874 before moving to Surry Hills, Sydney in the early 1900s. By 1912, the trade name 'Akubra' had come into use and all the slouch-hats used in WW1 were Akubras. By 2015, Akubra had produced 2 million hats for the military. Today, they are still Australian made and produced in Kempsey, NSW (and Australian-owned, thanks to a recent

purchase by 'Twiggy' Forrest).

Thirty-one members, along with Donna Goodwin (guest of Ellen Brasier) were welcomed to our 'Hats for Mental Health' evening.

Administration Matters:

- The RSVP Attendance Reminder email system continues to work well. Members are reminded to please let Vicky know of any variations to your RSVP – additional guests or to register your apology – ahead of the Thursday evening.
- David Cannon reported that Allan Duffus is not faring well after having a stroke. Both Allan and his wife are experiencing a difficult time and we have been asked to keep them in our thoughts.
- President Peter encouraged all members to participate in and support the '*Stop the Violence; End the Silence*' march against domestic violence scheduled for Friday 1st December. After a conversation with Inspector Jillian Gibson concerning further action our club could take, President Peter suggested that we could help to build awareness of elder abuse, which is an underreported type of domestic violence, by making this a community service project.
- Our club has been invited to a RYLA dinner on Monday 8th January in Murrumbateman to support our two candidates. Please direct expressions of interest to President Peter.
- All members are invited to participate in the Rotary District 9705 AGM, which is being held on Sunday 3rd December via Zoom. Please direct expressions of interest to President Peter.
- Our club Christmas Party is being held on Thursday 7th December at Galloways. Please gather from 6pm for dinner around 6.45pm. Paul Galloway has invited some of the WCRMC to come and sing some carols with us. Table wine will be provided, but please bring your own beer and spirits. Be sure to also bring an unwrapped child's present for donation.

Short & Sweet:

This week, Ellen Brasier spoke to us about the (Rotary Young Driver Awareness) RYDA program. Impressively, the Wagga Wagga RYDA



Committee has been given an award in recognition for their commitment to youth road safety education by making the RYDA program available to high school students in our area. The program has a long history with ¾ million students having participated since 2001. RYDA focuses on attitudinal and behavioural change in driving, with research into the program showing that 95% of attendees are likely to apply what they learn about road safety and the importance of driver attention and concentration in the future.



Thank you to Ellen and the Wagga Wagga RYDA Committee volunteers for ensuring the provision of such an important youth program in our district and congratulations on a well-deserved award!

Fines Master Session:

Our Fines Master Don Pembleton came armed this week with a long list of pithy one-liners and stinging barbs aimed at our good-humoured club members! Some of this reporter’s favourites included the dig at Paul Galloway, who doesn’t always go the extra mile, but when he does it’s because he missed his exit! And Margaret Keys who just once would like a username and password prompt that says CLOSE ENOUGH. And, then there’s Gerry Page who wonders if irony is the opposite to wrinkly? And if Don Pembleton has offended, think but this and all is mended: all fines this week will go to Australian Rotary Health to support their mental health research efforts.



Editor’s note: This week’s ‘sinners’ were very generous, with in excess of \$160 finding its way into the fines boxes for a worthy cause!

Hat Night Lifts the Lid on Mental Health

In the spirit of the evening, our members donned a variety of quirky hats in support of mental health awareness. Honourable mentions include Mike Murray’s beer hat, David Wynne’s leprechaun hat, and Vicki Donoghue’s wolf (?) hat.



David Cannon gave a heartfelt address focusing on the prevalence of mental illness in Australia and its impact on mental health professionals. With one in four Australians diagnosed with mental health issues in any one year, chief among them anxiety and depression disorders, those working in mental health care are overextended and exhausted. In addition, *Lifeline* and similar services are frequently overwhelmed. As such, it is vital to appreciate that mental health problems have wide-reaching and societal implications. Improving outcomes for those experiencing mental ill-health means improving the lives of everyone around them.



President Peter then gave a deeply moving account of his attendance at a Memorial Service for John Harper in July 2022 at CSU. John had tragically taken his own life.

Printed on his memorial card was this poem:

‘The Beautiful Broken’

*We are all the beautiful broken,
 Changed by the journey we are on.
 We have our incandescent stories,
 And pay tribute to those who are gone.*

*To live each and every moment,
 To rejoice, rebel, and cry.
 To hold close all of those who love us,
 And live strong ‘til it’s our turn to die.*

Moved by these words, Peter was inspired to put the poem to music, which he sang for us. Now the Rugby Choir has a song that they are starting to learn with a view to performing. All royalties collected from the song ‘The Beautiful Broken’ will be presented to the Black Dog Institute.



CLONTARF FRIDAY BREAKFASTS at Mount Austin High School

Fri 8/12 @ 0800	David Wynne Tony Hutchinson
End of Term 4 is Thurs. 18 th Dec 2023	

Next Meeting.

Next week it’s time to jingle your bells and polish your tinsel!! It’s our Christmas Party!!!

PLEASE BLOCK-OUT THE FOLLOWING DATES IN YOUR DIARY: -

- **14th December** **Last meeting for 2023 (RSL Club)**
- **18th January** **First meeting for 2024 (RSL Club)...don’t forget to RSVP !!**
- **18th & 19th May** **2024 BOOK FAIR**
- **25-29th May 2024** **RI Conference – Singapore**

BIRTHDAYS & ANNIVERSARIES:

(3rd Dec. to 9th Dec.)



Birthdays: Emily Bosco (25/11), Gordon Sagers (7/12), Carole Murray (7/12)

Rotary Anniversaries: Elle Palmer (9/12/21)

Wedding Anniversaries: Terry & Fran Mecham (3/12), Don & Yvonne Pembleton (4/12),
David & Fran Payne (7/12)

SOME HAT-NIGHT HAPPY SNAPS:



≈KOOKABURRA≈



What do you call a snowman in summer? *A puddle.*

What did Adam say the day before Christmas? *It's Christmas Eve.*

What do you get if Santa goes down the chimney and the fire is lit? *Kris-py Kringle.*

(Thank you to my grandsons Ben, Max, James and Tom for these!!)

Enjoy your week!

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